



HAMILTON STONEYCREEK HALTON NIAGARA TORONTO ETOBICOKE

REFERRAL FORM

DR SASHA HIGH'S LCHF METABOLIC CLINIC

in collaboration with The Wharton Medical Clinic

**Low Carb Healthy Fat (LCHF) dietary intervention for Metabolic Syndrome
Pilot Study in Burlington Location Only**

Criteria:

- patients motivated to control metabolic conditions through dietary intervention, and willing to follow a LCHF diet plan
- patients with elevated weight and one of the following metabolic conditions:
(*please select*)
 - diabetes
 - Prediabetes
 - insulin resistance
 - PCOS
 - Hypertriglyceridemia
 - fatty liver

Patient Information		
Last name:	First name:	[] M [] F
Home address:		
Telephone: () -	Date of birth:	
OHIP number:		

Referring MD Name: _____ Billing Number: _____

Signature: _____ Date of Referral: _____

Note: This is a pilot study based on research demonstrating significant improvement in metabolic syndrome through carbohydrate restriction. This 1 year pilot clinic may be converted to an ongoing clinic if results are positive. All patients can continue at the Wharton Medical Clinic if the LCHF program is not effective for them.

PLEASE FAX REFERRALS TO 905-592-2302 OR 1-855-210-0749

<C> 1-855-210-0739

www.whartonmedicalclinic.com